

Alabama Chapter

INCORPORATED IN ALABAMA

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



2023

ANNUAL MEETING & FALL PEDIATRIC UPDATE

September 8–10, 2023
Ross Bridge Resort, Birmingham



Haidee Custodio, MD, FAAP
CME Chair

Friday, September 8

7:30 a.m. – 8:00 a.m.	Registration and Continental Breakfast
8:00 a.m. – 9:00 a.m.	2023 PMA Annual Meeting— <i>Tonya Pitts, PMA Chair</i>
9:00 a.m. – 9:10 a.m.	Break & Transition to Practice Management Workshop

Practice Management Workshop

Open to practice managers/staff & pediatricians & sponsored by the AL-AAP Practice Management Association

8:30 a.m. – 1:00 p.m.	Registration
9:10 a.m. – 10:00 a.m.	Assessing for the Right Fit: The Hiring Process — <i>Andrea Lewis, PHR, SHRM-CP</i>
10:00 a.m. – 11:00 a.m.	Consent in the Pediatric Practice: Major Issues with Minor Patients — <i>Brandy Boone, JD, Medical Association of Alabama</i>
11:00 a.m. – 11:45 a.m.	2023 Coding Updates — <i>Jan Blanchard, CPC, CPEDC, CPMA</i>
11:45 a.m. – 12:00 p.m.	Break
12:00 p.m. – 12:45 p.m.	Lunch & Session: Hot Topics Discussion
12:45 p.m. – 1:45 p.m.	The Art of Delegation — <i>Katrina Skinner, MD, FAAP</i>
1:45 p.m. – 2:45 p.m.	Leadership in Waiting: Recognizing and Developing Leadership Potential in Yourself and Others — <i>Nola Jean Ernest, MD, PhD, FAAP</i>
2:45 p.m. – 3:00 p.m.	Break before Annual Meeting begins (see next page)

Designation

Children's of Alabama designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of Children's of Alabama and the Alabama Chapter AAP. Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Learning Objectives

Upon completion of this live activity, the participant will be able to:

- Describe how to assess for the right fit during the hiring process
- Describe policy best practices for your organization handbook
- Discuss how to demonstrate appreciation and boost retention in the workplace through evaluations
- Examine state and federal law related to consent and confidentiality for minor patients in healthcare
- Discuss the applicability of recently passed legislation on consent and confidentiality for minor patients in healthcare
- Develop new or modify existing office policies to comply with laws related to consent and confidentiality for minor patients in healthcare
- Distinguish between coding & billing
- Discuss new codes and new uses for existing E&M, procedure, and diagnosis codes.
- Discuss expired codes and misuse of current codes that delay payment
- Discuss how leadership training benefits his/her practice
- Identify future practice leaders and create a plan to develop their potential
- Identify ways to build his/her own leadership capacity
- Recognize five mantras to improve physician and administrator delegation skills
- Acquire the skills necessary to share SMART goals with his/her team

Speakers

Brandy Boone, JD, General Counsel, Medical Association of the State of Alabama, Montgomery, AL

Jan Blanchard, CPC, CPEDC, CPMA, Consultant, PCC Pediatric Solutions Consulting Group, Winooski, VT

Nola Ernest, MD, PhD, FAAP, Pediatrician, Enterprise Pediatric Clinic, Enterprise, AL

Andrea Lewis, PHR, SHRM-CP, CEO/Senior Consultant, Human Capital Services, Birmingham, AL

Katrina Skinner, MD, FAAP, Pediatrician, Fairhope Pediatrics, Fairhope, AL



Main (Clinical) Meeting

Friday, September 8

- 2:30 p.m. – 6:30 p.m. Registration
3:00 p.m. – 4:00 p.m. **Social Determinants of Health in Pediatric Cancer**—*Preethi Reddy Marri, MD, FAAP*
4:00 p.m. – 5:00 p.m. **Bronchiolitis: The Journey to Safely Do Less**—*Mary Orr, MD, MPH, FAAP*
5:00 p.m. – 6:30 p.m. **Reception in the Exhibits** (for all Practice Management workshop & Main Meeting attendees)



Saturday, September 9

- 7:00 a.m. – 8:00 a.m. Registration open
7:15 a.m. – 8:00 a.m. Breakfast in the Exhibit Hall
8:00 a.m. – 8:45 a.m. **The Great Masticators: Closing the Gap of Delayed Diagnosis in Eosinophilic Esophagitis**—*Nick CaJacob, MD, FAAP*
8:45 a.m. – 9:45 a.m. **Pediatric Food Allergy**—*Amy CaJacob, MD, FAAP*
9:45 a.m. – 10:15 a.m. Refreshment Break in the Exhibit Hall
10:15 a.m. – 11:45 a.m. **Panel Discussion: Mental Health Lessons Learned from Alabama Pediatrician PATHs participants**
—*Grant Allen, MD, FAAP; Connie Chang, MD; Stacey Daugherty, LICSW; Susan Griffin, LICSW; Marsha Raulerson, MD, FAAP; Nina Reynolds, PhD; Leslie Sawyer, MD, FAAP; and Staci Smith, LICSW*
11:45 a.m. – 12:30 p.m. Luncheon/**SYMPOSIUM: Eat for Strength**—*Marie Spano, MS, RD, CSCS, CSSD* supported by *The Dairy Alliance*
12:30 p.m. – 1:00 p.m. Strolling Dessert in the Exhibit Hall
1:00 p.m. – 1:30 p.m. Exhibit breakdown
1:00 p.m. – 2:30 p.m. **Screening of film: Virulent: The Vaccine War (60 mins-non-CME) & Discussion (30 mins, CME-approved)**
—*Facilitated by Brooke Haynes, MD, FAAP*
2:30 p.m.—3:15 p.m. **Polycystic Ovarian Syndrome in Adolescents**—*Tracy Roth, MD, FACOG*
3:15 p.m. **Free Time!**
6:30 p.m. – 9:00 p.m. Reception & Dinner Hosted by Children's of Alabama

Sunday, September 10

- 8:00 a.m. – 8:45 a.m. **21st Century Cures Act and Information Sharing in Pediatrics**—*Sue Kressly, MD, FAAP*
8:45 a.m. – 9:15 a.m. **Chapter Annual Meeting/Reports (non-CME)**—*Chapter leadership*
9:15 a.m. – 10:15 a.m. **Pediatrician's Role in Preventing Childhood Toxic Stress**—*Michael Arenson, MD, MS, MA*
10:15 a.m. – 11:00 a.m. **Premenstrual Dysphoric Disorder in Adolescents**—*Tracy Roth, MD, FACOG*
11:00 a.m. – 12:00 p.m. **Pediatrician's Response to Children Presenting with Symptoms of Toxic Stress**—*Michael Arenson, MD, MS, MA*

Speakers

Grant Allen, MD, FAAP, Pediatrician, Infants' & Children's Clinic, Florence, AL

Michael Arenson, MD, Research Fellow, UMass Chan Medical School, Center for Child Health Equity, Worcester, MA

Amy CaJacob, MD, Assistant Professor, Pediatric Allergy and Clinical Immunology, University of Alabama at Birmingham, Birmingham, AL

Nicholas CaJacob, MD, FAAP, Assistant Professor, Division of Pediatric Gastroenterology, Hepatology and Nutrition, University of Alabama at Birmingham

Connie Chang, MD, Child and Adolescent Psychiatrist, University of Alabama at Birmingham

Stacey B. Daugherty, LICSW, Infant and Early Childhood Mental Health Consultant, Alabama Department of Mental Health, Tuscaloosa, AL

Susan Griffin, LICSW, PIP, CHCQM, Director of Alternative Mental Health Services, Pediatric Telemental Health Network Project Manager, Children's of Alabama, Birmingham, AL

Brooke Haynes, MD, FAAP, Pediatrician, Pediatric Clinic, Opelika, AL

Susan Kressly, MD, FAAP, Pediatric Health IT and Pediatric Practice Subject Matter Expert Consultant, Sanibel, FL

Mary Orr, MD, MPH, FAAP, Assistant Professor, Division of Pediatric Hospital Medicine, University of Alabama at Birmingham

Preethi Reddy Marri, MD, FAAP, Assistant Professor, Pediatrics, Pediatric Hematology-Oncology, University of South Alabama, Mobile, AL

Nina Reynolds, PhD, Licensed Clinical Psychologist, Behavioral Health Outpatient Ireland Center, Children's of Alabama, Birmingham, AL

Marsha Raulerson, MD, FAAP, Pediatrician, Lower Alabama Pediatrics, Brewton, AL

Tracy Y. Roth, MD, FACOG, Assistant Professor, Department of Obstetrics & Gynecology, University of South Alabama, Mobile, AL

Leslie Sawyer, MD, FAAP, Pediatrician/President, Pathway Pediatrics, Sylacauga, AL

Staci L. Smith, LICSW, Care Coordinator, Behavioral Health Outpatient Ireland Center, Children's of Alabama, Birmingham, AL

Marie Spano, MS, RD, Spano Sports Nutrition Consulting & Nutrition Communications, Atlanta, GA

CME Information

For Main Meeting *Friday, 3 p.m. — Sunday, noon*

Topics & Learning Objectives

Upon completion of this live activity, the participant will be able to:

Social Determinants of Pediatric Cancer

- Discuss social factors affecting health and health outcomes in children with cancer
- Describe the need for interventions to optimize care and outcomes in children with cancer
- List screening tools for social determinants of health

Bronchiolitis: The Journey to Safely Do Less

- Discuss current management guidelines for bronchiolitis
- Review the evolution of evidence in care for bronchiolitis
- Cite ongoing quality improvement projects at Children's and the challenges of de-implementation
- Exemplify empowerment to safely do less

"The Great Masticators": Closing the Gap of Delayed Diagnosis in Eosinophilic Esophagitis

- Recognize the common presentations of eosinophilic esophagitis by age
- Improve screening strategies to identify potential eosinophilic esophagitis patients
- Develop plans for navigating potential eosinophilic esophagitis patients to diagnosis

Pediatric Food Allergy

- Discuss IgE and non-IgE-mediated food reactions, including EGIDs and FPIES
- Discuss ethnic and socioeconomic disparities as it relates to food allergies
- Discuss diagnostic and management strategies for the general pediatrician
- Describe indications for referral to a gastroenterologist and/or allergist-immunologist

Panel Discussion: Mental Health Lessons Learned from Alabama Pediatrician PATHS participants

- Describe ways to work with a mental health team to comprehensively address mental health needs of his/her patients
- Discuss how PATHS is a successful pathway for community pediatricians to address mental health in their patients

Eat for Strength

- Determine energy needs for strength gains
- Distinguish between the quality of plant and animal proteins for maximized muscle growth and strength
- Cite dairy foods' role in bone strength in adolescent athletes

- Discuss dietary patterns that include plant and animal foods in closing nutrient gaps
- Discuss dairy foods' association with reduced risk of inflammation and role in hydration and recovery in athletes
- Illustrate how adding dairy's essential nutrients, including high-quality protein, to plant-based diets boosts performance

Virulent: The Vaccine War: Discussion

- Discuss the manifestation of anti-vaccine rhetoric, especially since the beginning of the pandemic
- Discuss the consequences of vaccine hesitancy and denial
- Cite ways to address vaccine hesitancy in pediatric practice

Polycystic Ovarian Syndrome in Adolescents

- Distinguish the differences in diagnostic criteria for adolescent girls and adults
- Describe the metabolic issues associated with PCOS and adolescents
- Discuss treatment options for PCOS-related signs and symptoms in adolescent girls

Pediatrician's Role in Preventing Childhood Toxic Stress

- Define and discuss impacts of toxic stress
- Define relational health and cite how it prevents toxic stress
- Demonstrate how pediatrician and their offices can implement relational health in practice

21st Century Cures Act and Information Sharing in Pediatrics

- Identify opportunities and challenges for high-quality pediatric health care presented by the Cures Act Final Rule
- Specify use cases for information-sharing and blocking in their own practice/health care system
- Describe how the Cures Act Final Rule intersects with HIPAA, state laws, and established best practices related to information-sharing and blocking.

Premenstrual Dysphoric Disorder in Adolescents

- Describe the basic physiology of PDDA
- Describe the diagnosis of PDDA
- Discuss the treatment of PDDA

Pediatrician's Response to Children Presenting with Symptoms of Toxic Stress

- Discuss the pediatrician's role in recognizing and responding
- Discuss referrals the pediatrician can make within the medical system
- Illustrate how the patient and family's community is part of the treatment

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MOC Part 2 Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 10.75 MOC Part 2 points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Registration **INFO**

for all activities

MOC Part 2

Again at this conference, the Chapter is delighted to offer ABP Lifelong Learning and Self-Assessment for MOC Part 2 for ABP diplomates for each CME hour of the **Main (Clinical) Meeting** through Children's of Alabama, our accredited CME provider.

- Each speaker will guide attendees in a short discussion around two questions for each topic.
- MOC enrollees must use a laptop or desktop computer to complete the self-assessment questions at the conclusion of the conference/workshop.
- MOC enrollees must supply their ABP # in the CloudCME system so credits information can be transmitted to the ABP.

Fees

PMA ANNUAL MEETING (PMA members only)	\$0
PMA PRACTICE MANAGEMENT WORKSHOP (9 A.M.—3 P.M. FRIDAY)	
Chapter Member or PMA Member/Practice Representative	\$135
Non-Chapter Members or Non-PMA Practice Manager	*\$200
ANNUAL MEETING (ENTIRE PROGRAMMING FROM 3 P.M. FRIDAY THROUGH 12 NOON SUNDAY)	
Chapter Members - early bird (<i>before August 17, 2023</i>)	\$345
Chapter Members (<i>after August 17, 2023</i>)	\$395
Non-Chapter Member Physicians	\$500
Senior Physician (over age 70, fully retired), Chapter Affiliate NP/PA Member, PMA member or Nurse	\$225
NP/PA Non-Member of AL-AAP, (includes National Affiliate AL-AAP membership, a \$40 savings!)	\$300
Pediatric Resident	(waived, value of \$345)
*You will also be able to make a tax-deductible donation to Reach Out and Read-Alabama as part of registration.	

IMPORTANT NOTE: Full refund for cancellations until Friday, September 1, 2023 at 5 p.m. A \$45 cancellation fee will be assessed for credit card payments that are cancelled at any time. No refunds will be issued for cancellations/no-shows after September 2.

**For non-PMA practice managers, this fee will include your 2023-2024 membership!*

How to register

Please register online at www.alaap.org, with secure credit card payment via Stripe (no account required). Use the QR code at right to register, or go directly to



**Register by
8/17/2023 to take
advantage of
early bird fees!**

**Questions? Contact Jill
Powell at 334-954-2530 or
jpowell@alaap.org**

See you in Birmingham!

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19 S. Jackson St.
Montgomery, AL 36104

★ Annual Meeting Registration Packet *Hotel Deadline is August 8!*

SEE INSIDE



- Self-parking at the hotel is complimentary; valet parking is available at \$25 per day.
- Dress for educational sessions is business/business casual. Meeting room temperatures can vary, so please bring along a sweater or jacket.

Other Information

A block of rooms is being held for our group at Ross Bridge Resort at a special rate of \$279 until 5 p.m., Tuesday, August 8, 2023. After that date, we cannot guarantee availability of rooms at our group rate. To reserve, go online at this link: <https://tinyurl.com/45n44p2>. A second option (not recommended) is to call 1-888-Marriott using group code "Academy of Pediatrics Annual Meeting and Pediatric Update."

Hotel Reservations

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Register Now!