If You Test Positive for COVID-19 Regardless of Whether or Not You Have Symptoms OR

If You Are Symptomatic and Awaiting Test Results (Isolate)

Everyone, regardless of vaccination status

- Stay home for 5 days (through Day 5).
- If you have symptoms:
 - The first day your symptoms developed is Day 0.
 - o Test on Day 5 using an antigen test (strongly recommended).
 - O You can end isolation after 5 days if your Day 5 test is negative, you are fever-free for 24 hours without the use of fever-reducing medication, and your other symptoms have improved.
 - Continue to wear a mask around others for 5 additional days (through Day 10).
- If you have no symptoms:
 - o The day that your test is positive is Day 0.
 - o Test on Day 5 using an antigen test (strongly recommended).
 - O You can end isolation after 5 days if your Day 5 test is negative and you have remained symptom-free.
 - Continue to wear a mask around others for 5 additional days (through Day 10)

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

- Have been boosted OR
- Are ≥ 18 years old and have completed the primary series of Pfizer or Moderna vaccines within the last 5 months
 OR
- Are ≥ 18 years old and have completed the primary series of J&J vaccine within the last 2 months
- Are 5-17 years old and have completed the primary series of Pfizer vaccine

- Wear a mask around others for 10 days (through Day 10).
- The day of the last exposure to the person with COVID-19 is Day 0.
- Test on Day 5.
- If you develop symptoms, get a test and stay home.

If you:

- Are ≥ 18 years old and have completed the primary series of Pfizer or Moderna vaccines over 5 months ago and are not boosted OR
- Are ≥ 18 years old and have completed the primary series of J&J vaccine over 2 months ago and are not boosted OR
- Are 5-17 years old and have not completed the primary series of Pfizer vaccine OR
- Stay home for 5 days (through Day 5). After that, continue to wear a mask around others for 5 additional days (through Day 10). If you are unable to wear a mask when around others, you should continue to stay at home for all 10 days (through Day 10).
- If you cannot quarantine, you must wear a mask for 10 days (through Day 10).
- The day of the last exposure to the person with COVID-19 is Day 0.
- Test on Day 5.
- If you develop symptoms, get a test and stay home.

• Are unvaccinated

Sources:

https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html

Current as of: January 8, 2022 (*italicized wording is my commentary*)