## if HelpMeGrow

## Alabama

Help Me Grow Alabama is a free information and referral line that connects families with young children (birth to age eight) to health and developmental resources in their community. For referrals visit our website: helpmegrowalabama.org.

How does Help Me Grow work?

## The four program components are:

:\% Making the Connection -- Receive confidential calls from family members regarding concerns about a child's development or behavior, assess the needs of the child and/or family and make referrals to appropriate developmental and community resources.
\% Building the Network -- Develop ongoing relationships with resources in the community and support the maintenance of an updated resource directory.
:\% Educating Providers -- Educate professionals about the importance of developmental surveillance and screening while promoting access to developmental services.
: Identifying Gaps and Barriers -- Collect and analyze data to document and identify needs to more effectively connect families to community resources.

## Who can use Help Me Grow?

## Anyone can call if they are:

:i Concerned about a child's development, behavior, or learning.
\% Needing support to access services or connecting with community resources.
\% Assisting a client, family member, or friend in seeking information about health or developmental services.
: Requesting inclusion of an organization in Help Me Grow's resource directory.

## Help Me Grow will:

\% Listen to the family's concerns and help the family decide on appropriate referrals.
\%Offer free developmental screening using the Ages and Stages Questionnaires ${ }^{\circledR}$.
if Find appropriate resources and make referrals.
:\% Follow up to ensure that a successful connection was made.


Early Childhood Education

