

# 2018 Spring Meeting & Pediatric Update



American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Alabama Chapter

May 3 - 6, 2018

Grand Hotel Marriott Resort ♦ Point Clear, AL

*Join your colleagues at this historic, "Old South" resort on Mobile Bay, featuring beautiful grounds with live oaks, swimming pools, beaches, biking, kayaking and more, as well as daily afternoon tea and cookies, and of course, stellar accommodations and meeting facilities.*



# Agenda



## Thursday, May 3

Exhibit Set-up	1:30 p.m. - 4:00 p.m.
Executive Board Meeting	2:00 p.m. - 5:00 p.m.
Registration Desk Opens	5:00 p.m. - 6:30 p.m.
"Meet & Greet" Reception in the Exhibits	5:00 p.m. - 6:30 p.m.
Dinner on your own	

## Friday, May 4

Registration Desk Open	7:00 a.m.
Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
<b>"Smoke-Free Kids: Preventing Secondhand Smoke Exposure"</b> —Colleen Kraft, MD, FAAP	8:00 a.m. - 9:00 a.m.
<b>"SIDS and Sleep-Related Deaths: What Parents Believe"</b> —Rachel Moon, MD, FAAP	9:00 a.m. - 10:00 a.m.
Refreshment Break in the Exhibits	10:00 a.m. - 10:30 a.m.
<b>"Adventures in Child Health 2018: An Update from the AAP"</b> —Colleen Kraft, MD, FAAP	10:30 a.m. - 11:00 a.m.
<b>"Safe Sleep: Questions Parents Ask that You're Afraid to Answer"</b> —Rachel Moon, MD, FAAP	11:00 a.m. - 12:00 p.m.
<b>Ice Cream Social in the Exhibits</b>	1:00 p.m. - 1:30 p.m.
Exhibits open until 1:30 p.m.	

*Sponsored Luncheon Session (not part of our CME)*  
**New Approaches to the Clinical Management of Cow's Milk Allergy: Promoting Tolerance Acquisition**  
*Sponsored by Mead Johnson Nutrition* 12:00 p.m. - 1:00 p.m.

## Friday Afternoon

"Grand Pediatric Pentathlon" activities; on your own	
Grand Pediatric Pentathlon One-Mile Fun Walk/Run for Kids & Families	4:00 p.m.

## Friday Evening

Dinner on your own

*NOTE: Children allowed in exhibit hall only under parental supervision.*

## Saturday, May 5

Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
<b>"Common Emergency Room Diagnoses"</b> —Kathy Monroe, MD, FAAP	8:00 a.m. - 9:00 a.m.
<b>"Alabama Early Screening Success Stories with a QI Approach"</b> —Cason Benton, MD, FAAP, Elizabeth Dawson, MD, FAAP & Hugh Cheek, MD, FAAP	9:00 a.m. - 10:00 a.m.
Refreshment Break in the Exhibits	10:00 a.m. - 10:30 a.m.
Exhibit Breakdown	10:30 a.m. - 11:00 a.m.
<b>"Opioid Trends in Medicaid"</b> —Robert Moon, MD	10:30 a.m. - 11:30 a.m.
<b>"Maternal Depression Screening: An Implementation"</b> —Michael Ramsey, MD, FAAP & Mendy Blakeney, MD, FAAP	11:30 a.m. - 12:30 p.m.

*Sponsored Luncheon Session (separate CME)*  
**TENTATIVE** 12:30 p.m. - 1:30 p.m.

## Saturday Afternoon

"Grand Pediatric Pentathlon" activities continue

## Saturday Evening

"Grand Pediatric Pentathlon"	
Check-in and Door Prize Giveaway	5:45 p.m. - 6:30 p.m.
Bayou Bash & Feast by the Bay	6:30 p.m.
—Thanks to our sponsor, USA Children's & Women's Hospital	

## Sunday, May 6

Breakfast	7:30 a.m. - 8:00 a.m.
<b>"Evaluation and Management of Chronic Cough in Children"</b> —Isabel Virella-Lowell, MD	8:00 a.m. - 9:00 a.m.
<b>"Early Hearing Detection and Intervention"</b> —Kari Bradham, DO, FAAP	9:00 a.m. - 10:00 a.m.
<b>"Addressing Alabama's Infant Mortality Problem: What Public Health Can Do (and What It Cannot)"</b> —Scott Harris, MD	10:00 a.m. - 10:30 a.m.
<b>"Personalized Management of Asthma"</b> —Isabel Virella-Lowell, MD	10:30 a.m. - 11:30 a.m.
<b>"Teen Driving and Alabama's Graduated Driver License Law"</b> —Kathy Monroe, MD, FAAP	11:30 a.m. - 12:30 p.m.
Adjourn	

# 2018 Spring Meeting & Pediatric Update

# Registration

Please register early!

Please register below or **online (preferred) at [www.alaap.org](http://www.alaap.org)**, with secure credit card payment via Stripe (no account required).

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
(As you would like it to appear on nametag)

Designation: ☐ MD ☐ DO ☐ RN ☐ CRNP ☐ NP ☐ PA ☐ Other Daytime Phone #: (\_\_\_\_\_) \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail Address (required): \_\_\_\_\_ Spouse/Guest Name for Nametag: \_\_\_\_\_

**Will you be attending/participating in the following sessions/events? Please pre-register:**

♦ **Grand Pediatric Pentathlon** (Fri./Sat., at your leisure, \$50 donation to participate) ☐ Yes ☐ No

Enter shirt sizes here for each shirt purchased:

Adults: (S, M, L, XL) \_\_\_\_\_ Youth: (S, M, L) \_\_\_\_\_

♦ **Saturday night Bayou Bash & Feast** (6:30 p.m., included in registration; guests require additional fees) ☐ Yes ☐ No # in party \_\_\_\_\_

**FEES\*\* (Check One) (covers admittance for one person to all meals, including Saturday night reception & dinner)**

Chapter Members (Alabama or other AAP chapter) - <b><u>BEFORE April 13, 2018</u></b>	<input type="checkbox"/> \$335
Chapter Members (Alabama or other AAP chapter) - <b><u>AFTER April 13, 2018</u></b>	<input type="checkbox"/> \$395
Non-Chapter Member Physicians	<input type="checkbox"/> \$500
Senior Physician (over age 70, fully retired), Chapter Affiliate NP/PA Member, PMA member or Nurse	<input type="checkbox"/> \$225
Non-Member NP/PA, or Practice Manager who is not a PMA member	<input type="checkbox"/> \$275
Pediatric Resident/House Staff/Medical Student	<input type="checkbox"/> (waived, value of \$275)
Friday MOC Self-Assessment/Workshop only	<input type="checkbox"/> \$100
Additional Tickets for Saturday night reception/dinner/dessert: _____ # of adult tickets @ \$60 each	\$ _____
_____ # of children's tickets @ \$20 each	\$ _____
Pediatric Pentathlon _____ # of shirts/participants @ \$50 donation each (Write shirt sizes above.)	\$ _____
Will you add a tax-deductible donation to Reach Out and Read-Alabama? If so, enter amount	\$ _____
<b>TOTAL</b>	\$ _____

☐ Check enclosed (made payable to Alabama Chapter-AAP)

☐ Charge my credit card (circle one): VISA MC AMEX DISC Card # \_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_ Name on Card: \_\_\_\_\_

\*\*Full refund for cancellations until April 27, 2018 at 5 p.m. A \$25 cancellation fee will be assessed for credit card payments that are cancelled at any time. No refunds will be issued for cancellations/no-shows after April 27.

## Child Care Program:

A child care program, Grand Fun Camp, is available at The Grand from 10 a.m. - 2 p.m. and from 6 p.m. - 10 p.m., daily, for guests' children ages five to 12 years who are independent with their bathroom needs. One meal will be provided during each session. Reservations are required, and can be made by calling the concierge desk (ext. 6721) between the hours of 8 a.m. and 5 p.m. at least 24 hours in advance of each session start time. A three-child minimum (12-child maximum) for each session must be reached at least 24 hours in advance of each session start time for reservation to be confirmed. Concierge will confirm reservations with guests when the confirmation requirements have been met. The cost is \$35 per child per session. To arrange in-room babysitting services, please call the following nanny services directly: My Girl Friday Now, (251) 210-3912, or Bright Star Care, (251) 405-6451.

**Make check payable to: Alabama Chapter-AAP. Mail form and payment by 4/13/18 to:  
Jill Powell, Alabama Chapter-AAP, 19 S. Jackson St., Montgomery, AL 36104**



Alabama Chapter

19 S. Jackson St.

Montgomery, AL 36104

# Spring Meeting Registration Packet

## Register Now! Hotel Deadline is March 29!

## Faculty

**Cason Benton, MD, FAAP**, Associate Professor, General Pediatrics, University of Alabama at Birmingham and Director, Alabama Child Health Improvement Alliance, Birmingham, AL

**Hugh Cheek, MD, FAAP**, Pediatrician, Pediatrics West, Bessemer, AL

**Elizabeth Dawson, MD, FAAP**, Pediatrician, Charles Henderson Charles Henderson Child Health Center, Troy, AL

- ♦ Alabama Early Screening Success Stories with a QI Approach

**Kari Bradham, DO, FAAP**, Assistant Professor of Pediatrics, Division of General Pediatrics, University of South Alabama College of Medicine, Department of Pediatrics, Mobile, AL

- ♦ Early Hearing Detection and Intervention

**Scott Harris, MD**, Acting State Health Officer, Alabama Department of Public Health, Montgomery, AL

- ♦ Addressing Alabama's Infant Mortality Problem: What Public Health Can Do (and What It Cannot)

**Colleen Kraft, MD, FAAP**, President, American Academy of Pediatrics, and Associate Professor of Pediatrics, Virginia Tech Carilion School of Medicine; Transitional Year Program, Director, Carilion Clinic, Roanoke, VA

- ♦ Adventures in Child Health 2018: An Update from the AAP
- ♦ Smoke-Free Kids: Preventing Second Hand Smoke Exposure

**Kathy Monroe, MD, FAAP**, Professor of Pediatrics, University of Alabama School of Medicine Department of Pediatrics, Emergency Medicine, Birmingham, AL

- ♦ Teen Driving and Alabama's Graduated Driver License Law

- ♦ Common Emergency Room Diagnoses

**Rachel Moon, MD, FAAP**, Professor of Pediatrics, University of Virginia, Bethesda, MD

- ♦ SIDS and Sleep-Related Deaths: What Parents Believe

- ♦ Safe Sleep: Questions Parents Ask that You're Afraid to Answer

**Robert Moon, MD**, Chief Medical Officer and Deputy Commissioner, Health Systems, Alabama Medicaid Agency, Montgomery, AL

- ♦ Opioid Trends in Medicaid

**Michael Ramsey, MD, FAAP**, Pediatrician, Dothan Pediatric Healthcare Network, Dothan, AL

**Mendy Blakeney, MD, FAAP**, Pediatrician, Partners in Pediatrics, Montgomery, AL

- ♦ Maternal Depression Screening: An Implementation

**Isabel Virella-Lowell, MD**, Associate Professor, UAB Department of Pediatrics, Division of Pediatric Pulmonology and Sleep Medicine, Birmingham, AL

- ♦ Personalized Management of Asthma

- ♦ Evaluation and Management of Chronic Cough in Children

# Topics & Objectives

## Upon completion of this live activity, participants will be able to:

### ***Smoke-Free Kids: Preventing Secondhand Smoke Exposure***

- ◆ Recognize the child health adversity associated with secondhand and thirdhand smoke exposure.
- ◆ Appreciate the risks to child health posed by Electronic Nicotine Delivery Systems (ENDS), including vaping and e-cigarettes
- ◆ Define a communication strategy with families to Ask, Advise, and Refer for tobacco cessation resources.

### ***SIDS and Sleep-Related Deaths: What Parents Believe***

- ◆ Explain the difference between SIDS, SUID, and sleep-related deaths
- ◆ Discuss common barriers in adhering to safe sleep recommendations
- ◆ Cite one to two strategies for discussing common barriers to adherence

### ***Adventures in Child Health 2018: An Update from the AAP***

- ◆ Recognize emerging political, economic, and environmental factors affecting child health in 2018.
- ◆ Cite the priorities of the American Academy of Pediatrics in the Agenda for Children, and how this agenda addresses child health.
- ◆ Complete at least one advocacy activity in the next six months

### ***Safe Sleep: Questions Parents Ask that You're Afraid to Answer***

- ◆ Identify commonly asked questions about infant sleep environment
- ◆ Develop evidence-based responses to frequently asked questions

### ***Common Emergency Room Diagnoses***

- ◆ List the components of the Bronchiolitis Scoring System
- ◆ Cite the current recommendations for evaluation of patients with bronchiolitis
- ◆ List the Asthma Scoring system components
- ◆ Cite the criteria for sepsis pathway

### ***Alabama Early Screening Success Stories with a QI Approach***

- ◆ Describe QI techniques used in practice for improving early developmental screening and referral
- ◆ Discuss strategies for and benefits to implementing electronic screening
- ◆ Examine different practice approaches to reach common goals
- ◆ Examine opportunities to incorporate QI into standard practice

### ***Opioid Trends in Medicaid***

- ◆ Cite opioid use statistics according to Alabama Medicaid claims and their effects on population health
- ◆ Cite trends seen in the Medicaid population related

to opioid use

- ◆ Discuss updated policies affecting the healthcare delivery system for children covered by Medicaid

### ***Maternal Depression Screening: An Implementation***

- ◆ Cite reasons to perform maternal depression screening in the outpatient setting
- ◆ Recognize challenges implementing new procedures in the outpatient setting
- ◆ Discuss strategies to successfully implement new procedures in the outpatient setting

### ***Evaluation and Management of Chronic Cough in Children***

- ◆ Describe the prevalence and burden of chronic cough
- ◆ Cite the differential diagnosis of chronic cough
- ◆ Discuss the diagnostic approach to chronic cough
- ◆ Cite management strategies and when referral is needed

### ***Early Hearing Detection and Intervention***

- ◆ Cite the 1-3-6 guidelines by early hearing detection and intervention (EHDI).
- ◆ Define automated auditory brainstem response (AABR) and otoacoustic emissions OAE and the differences between the hearing screens.
- ◆ Restate that AABR should be the initial hearing screen test.
- ◆ Cite the importance of early identification of children who are deaf or hard of hearing.
- ◆ Discuss where to locate the EDHI guidelines.

### ***Addressing Alabama's Infant Mortality Problem: What Public Health Can Do (and What It Cannot)***

- ◆ Describe the infant mortality problem in Alabama, including the leading causes of mortality and their relationship to social determinants
- ◆ Discuss the response of Public Health to this issue, including the Fetal / Infant Mortality Review and Maternal Mortality Review programs

### ***Personalized Management of Asthma***

- ◆ Recognize and diagnose asthma
- ◆ Discuss the etiology and epidemiology of asthma
- ◆ Describe how to optimize asthma management through assessment of current management and control and strategies for improving asthma control

### ***Teen Driving and Alabama's Graduated Driver License Law***

- ◆ Cite the most common causes of death for adolescents and know where motor vehicle crashes fit into causes of death.
- ◆ List the components of the state's graduated driver license rules and how those differ from best practice GDL rules.
- ◆ Explain the effectiveness of common interventions meant to decrease teen driving crashes (i.e. driver's education, driving contracts, parent behaviors)

# General Information



## IMPORTANT NOTE:

This year's meeting will be held at the **Grand Hotel Marriott Resort, Club and Spa in Point Clear, AL.**

**Important Deadlines:** Hotel reservation deadline is **March 29**. Early bird meeting registration deadline is **April 13**.

**Hotel Reservations:** A block of rooms is being held for our group at the Grand Hotel Marriott Resort at special rates until Monday, March 29, 2018 (base rate of \$199). After that date, we cannot guarantee availability of rooms at our group rate. **Please use group code "AMOAMOA"** when making reservations; call 1-800-455-3834 or for online reservations, use this link: <http://bit.ly/2Evsf2j>.

**CME Accreditation:** Children's of Alabama designates this live activity for a maximum of **12.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Children's of Alabama and the Alabama Chapter-AAP. Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

**Presentation Handouts:** Per its "green" policy, the Chapter will distribute electronic versions of the speakers' PowerPoint handouts. CDs of handouts will be provided at the meeting and as links via email two weeks prior. Participants can pre-print handouts from the site, or, if they choose, bring their laptops to the sessions.

**Resort Check-In & Parking:** Please check in at the Main Building (map available at [www.alaap.org](http://www.alaap.org)). There are nightly valet parking fees of \$21 at The Grand; self-parking is complimentary for guests.

**Dress:** Dress for all activities is "resort casual." **Room temperatures can vary, so please bring a sweater or wrap.**

**"Grand Fun Camp" Children's Program:** A child care program, Grand Fun Camp, is available at The Grand from 10 a.m. - 2 p.m. and from 6 p.m. - 10 p.m., daily, for guests' children ages five to 12 years who are independent with their bathroom needs. One meal will be provided during each session. Reservations are required, and can be made by calling the concierge desk (ext. 6721) between the hours of 8 a.m. and 5 p.m. at least 24 hours in advance of each session start time. A three-child minimum (12-child maximum) for each session must be reached at least 24 hours in advance of each session start time for reservation to be confirmed. Concierge will confirm reservations with guests when the confirmation requirements have been met. The cost is \$35 per child per session. To arrange in-room babysitting services, please call the following nanny services directly: My Girl Friday Now, (251) 210-3912, or Bright Star Care, (251) 405-6451.

## Join Your Colleagues for Our Special Events:

♦ "Meet and Greet" Reception in the Exhibits—Thursday ♦ 5 p.m. - 6:30 p.m.

♦ Fifth Annual "Grand Pediatric Pentathlon" *benefitting Reach Out and Read-Alabama*

Grab your family members and office staff and join fellow pediatricians from across the state in this five-event activity--and take advantage of all the resort has to offer while raising funds for Reach Out and Read! The events are running/walking (one mile), biking (30 minutes), kayaking (30 minutes), swimming (one hour) and reading for fun (one hour). Participate in each event at any time at your leisure; see schedule for specific walk/run on Friday afternoon! Your \$50 donation gets you an event shirt and eligibility for prizes! Sign up on the registration form.

♦ "Grand Pediatric Pentathlon" Check-in and Door Prize Giveaway—Saturday ♦ 5:45 p.m. - 6:30 p.m.

Join your colleagues for a mixer by the bay before dinner as we check in Pentathlon participants and give away door prizes! Sign up on registration form.

♦ Bayou Bash & Feast by the Bay with Bayou Rhythm Jazz Band—Saturday ♦ 7 p.m. - 8:30 p.m.

Enjoy a fun, family dinner and kick it up on our dance floor with Mobile jazz band Bayou Rhythm!



Questions? Contact the Chapter office at 334-954-2530, [jpowell@alaap.org](mailto:jpowell@alaap.org). See you in Sandestin!