

2022 Spring Meeting & Pediatric Update



Alabama Chapter

INCORPORATED IN ALABAMA

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®

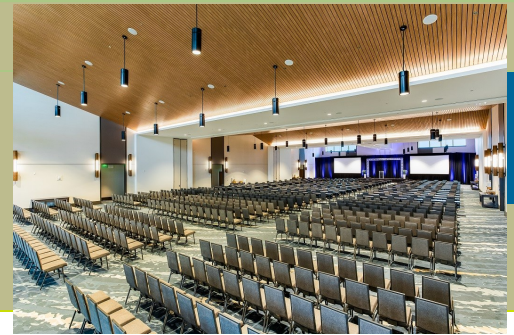


April 28—May 1, 2022

The Lodge at Gulf State Park ♦ Gulf Shores, AL

Join your colleagues for the Chapter's first ever conference at the state-of-the-art The Lodge at Gulf State Park, situated right on the Gulf of Mexico in beautiful Gulf Shores, AL! Enjoy superior education and networking with fellow pediatricians from across Alabama while overlooking the emerald waters of the Gulf!

Agenda



Thursday, April 28

Exhibit Set-up	1:30 p.m. - 4:30 p.m.
Registration Desk Opens	5:30 p.m. - 6:30 p.m.
“Meet & Greet” Reception in the Exhibits	5:30 p.m. - 6:30 p.m.
Dinner on your own	

Friday, April 29

Registration Desk Open	7:00 a.m.
Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
“Your Dieting Patient: Managing the Spectrum of Disordered Eating”	
—Rebekah Savage, MD, FAAP	8:00 a.m. - 9:00 a.m.
“Peering into Darkness: Commercial Sexual Exploitation of Minors”	
—Kara Graves Huls, MD, FAAP	9:00 a.m. - 10:00 a.m.
Refreshment Break in the Exhibits	10:00 a.m. - 10:30 a.m.
—Sponsored by Alabama Peanut Producers Association	
“A Healthy Beginnings Mini-Workshop: Applying ACHIA Obesity Prevention Collaborative Lessons Learned in Your Practice”	
—Cason Benton, MD, FAAP & Elizabeth Dawson, MD, FAAP	10:30 a.m. - 11:30 a.m.

Sponsored Luncheon Session (separate CME)
“Classification and Treatment of Vascular Anomalies in Children”
Sponsored by Children’s of Alabama 11:30 a.m. - 12:30 p.m.

Ice Cream & Cookies Social in the Exhibits 12:30 p.m. - 1:00 p.m.
Exhibits open until 1:00 p.m.

Friday Afternoon

Reach Out and Read Roundtable for ROR site providers	1:00 p.m. - 1:45 p.m.
Grand Pediatric Pentathlon One-Mile Fun Walk/Run for Kids & Families	3:00 p.m.
Grand Pediatric Pentathlon “Sandcastle University” on the Beach for Kids & Families	3:45 p.m. - 4:45 p.m.

Friday Evening

Dinner on your own

NOTE: Children allowed in exhibit hall only under parental

supervision.

Saturday, April 30

Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
“Finding, Hiring...and KEEPING Good Staff” Lecture/Roundtable Discussion	
—Chip Hart	8:00 a.m. - 9:30 a.m.
“Substance Use Disorders in Adolescents”	
—Rebekah Savage, MD, FAAP	9:30 a.m. - 10:30 a.m.
Refreshment Break in the Exhibits	10:30 a.m. - 11:00 a.m.
Exhibit Breakdown	11:00 a.m. - 11:30 a.m.
“Impact of Opioid Use Disorder in Pregnancy on the Maternal/Infant Dyad”	
—Brian Brocato, DO	11:00 a.m. - 12:00 p.m.

Sponsored Luncheon Session (not part of our CME)
“Introduction to Rare Genetic Diseases of Obesity”
—Sponsored by Rhythm Pharmaceuticals 12:00 p.m. - 1:00 pm.

Saturday Afternoon

Grand Pediatric Pentathlon activities continue

Saturday Evening

“Grand Pediatric Pentathlon”	
Check-in and Door Prize Giveaway	5:45 p.m. - 6:30 p.m.
Dinner on the Terrace	6:30 p.m.
—Sponsored by USA Health Children’s & Women’s Hospital	

Sunday, May 1

Breakfast	7:30 a.m. - 8:00 a.m.
“Advancing Child Health Equity: Intersectionality, Community Engagement and the Path Forward”	
—Tabia Henry Akintobi, PhD, MPH	8:00 a.m. - 9:00 a.m.
“COVID Vaccine in Children: Where Have We Been, and Where Are We Going?”	
—David Kimberlin, MD, FAAP	9:00 a.m. - 10:00 a.m.
“Pediatric Urinary Tract Infections and Vesicoureteral Reflux”	
—Carmen Tong, DO	10:00 a.m. - 11:00 a.m.
“New Therapies for COVID Treatment and Prevention”	
—David Kimberlin, MD, FAAP	11:00 a.m. - 12:00 p.m.

Adjourn

2022 Spring Meeting & Pediatric Update

Registration INFO

Please register early!

A note about the health and safety of our attendees

The Alabama Chapter-AAP is committed to the safety of our participants and will be abiding by current (at time of event) ADPH recommendations with regard to social distancing and mask wearing during conference activities.

MOC Part 2

This year, the Chapter is delighted to offer ABP Lifelong Learning and Self-Assessment for MOC Part 2 for ABP diplomates for each CME hour of the Spring Meeting (up to 10.5 hours) through Children's of Alabama, our accredited CME provider.

- ◆ Each speaker will guide attendees in a short discussion around two questions for each topic.
- ◆ MOC enrollees must bring a smartphone to the sessions to complete the self-assessment questions.
- ◆ MOC enrollees must supply their ABP # on the credits claimed form so that our accreditor can transmit credit information to the ABP.

Fees

(covers CME, MOC2, and admittance for one person to all meals, including Saturday night reception & dinner)

Chapter Members (Alabama or other AAP chapter) - <u>BEFORE April 8, 2022</u>	\$395
Chapter Members (Alabama or other AAP chapter) - <u>AFTER April 8, 2022</u>	\$455
Non-Chapter Member Physicians	\$575
Senior Physician (over age 70, fully retired), Chapter Affiliate NP/PA Member, PMA member or Nurse	\$275
NP/PA Non-Member of AL-AAP, (includes National Affiliate AL-AAP membership, a \$40 savings!)	\$350
Pediatric Resident/House Staff/Medical Student	(waived, value of \$395)
<u>Additional Tickets for Saturday night reception/dinner/dessert:</u>	
Adult tickets	\$70
Children's tickets	\$20
Pediatric Pentathlon - per participant (be prepared to include T-shirt sizes when registering)	\$50

**You will also be able to make a tax-deductible donation to Reach Out and Read-Alabama as part of registration.*

* Full refund for cancellations until April 21, 2022 at 5 p.m. A \$35 cancellation fee will be assessed for credit card payments that are cancelled at any time. No refunds will be issued for cancellations/no-shows after April 21.

How to register

Please register **online at www.alaap.org**, with secure credit card payment via Stripe (no account required). Use the QR code below to register, or go directly to **<https://www.alaap.org/2022-spring-meeting-registration>**.



Get all the information and register at www.alaap.org. Questions? Contact Jill Powell at 334-954-2530.



Alabama Chapter

19 S. Jackson St.

Montgomery, AL 36104

Spring Meeting Registration Packet

Register Now! Hotel Deadline is March 30!

Tabia Henry Akintobi, PhD, MPH, Professor and Chair of Community Health and Preventive Medicine; Associate Dean of Community Engagement, Morehouse School of Medicine, Mableton, GA

♦ **Advancing Child Health Equity: Intersectionality, Community**

Engagement and the Path Forward

Cason Benton, MD, FAAP, Director, Alabama Child Health Improvement Alliance; Professor, UAB Heersink Department of Pediatrics,

Professor of Pediatrics, Division of Pediatrics, University of Alabama

at Birmingham, Birmingham, AL

Elizabeth Dawson, MD, FAAP, Pediatrician, Charles Henderson

Child Health Clinic, Troy, AL

♦ **A Healthy Beginnings Mini-Workshop: Applying ACHIA Obesity**

Prevention Collaborative Lessons Learned in Your Practice

Brian Brocato, DO, FACOG, Assistant Professor, University of Ala-

bama at Birmingham Department of Obstetrics and Gynecology,

Maternal-Fetal Medicine, Birmingham, AL

♦ **Impact of Opioid Use Disorder in Pregnancy on the Maternal/**

Infant Dyad

Chip Hart, Director, PCC Pediatric Solutions Consulting Group,

Winoski, VT

♦ **Finding, Hiring...and KEEPING Good Staff" Lecture/Roundtable**

Discussion

Kara Huls, MD, FAAP, Assistant Professor of Pediatrics, Division of Pediatric Emergency Medicine, University of Alabama at Birmingham, Birmingham, AL

♦ **Peering Into the Dark: Commercial Sexual Exploitation of Chil-**

dren

David Kimberlin, MD, FAAP, Professor of Pediatrics, Division of Pe-

diatric Infectious Diseases, University of Alabama at Birmingham,

Birmingham, AL

♦ **COVID Vaccine in Children: Where Have We Been, and Where**

Are We Going?

♦ **New Therapies for COVID Treatment and Prevention**

Rebekah Savage, MD, MPH, FAAP, Assistant Professor of Pediatrics,

Division of Adolescent Medicine, University of Alabama at Birmingham,

ham, Department of Pediatrics, Birmingham, AL

♦ **Substance Use Disorders in Adolescents**

♦ **Your Dieting Patient: Managing the Spectrum of Disordered**

Eating

Carmen Tong, DO, Assistant Professor of Urology, University of Ala-

bama at Birmingham, Birmingham, AL

♦ **Pediatric Urinary Tract Infections and Vesicoureteral Reflux**

Upon completion of this live activity, participants will be able to:

COVID Vaccine in Children: Where Have We Been, and Where Are We Going?

- ◆ Review basics of vaccinology
- ◆ Identify currently authorized or approved COVID vaccines for children and adolescents
- ◆ Discuss uptake of COVID vaccine in the pediatric population
- ◆ Explore areas of vaccine hesitancy that are impeding vaccine uptake

Peering into the Dark: Commercial Sexual Exploitation of Children

- ◆ Define commercial sexual exploitation of minors
- ◆ Review the scope of the problem and its impact on survivors
- ◆ Discuss strategies for screening and responding to disclosure

New Therapies for COVID Treatment and Prevention

- ◆ Identify timepoints for therapeutic intervention in COVID-infected or COVID-exposed people
- ◆ Discuss antiviral drugs that are authorized or approved for treatment of COVID disease in adults or children
- ◆ Review monoclonal antibodies that are authorized or approved for prevention of COVID infection or progression of COVID disease
- ◆ Examine ways in which therapeutic interventions may decrease COVID disease and improve COVID outcomes

Finding, Hiring...and KEEPING Good Staff Lecture/Roundtable Discussion

- ◆ Discuss different techniques for finding, hiring, and keeping good staff
- ◆ Distinguish among the unique efforts required for each phase of the hiring process
- ◆ Cite examples of real-life "tricks and tips" to help with the hiring process

Substance Use Disorders in Adolescents

- ◆ Discuss the diagnostic criteria for substance use disorders in adolescents
- ◆ Review medication-assisted treatment options for the most commonly used substances in adolescents
- ◆ Review the multi-disciplinary approach to care for adolescents with substance use disorder, including strong family involvement

Impact of Opioid Use Disorder in Pregnancy on the Maternal/Infant Dyad

- ◆ Describe unique features of opioid use disorders specifically in pregnancy
- ◆ Explain medication-assisted therapy and its impact on postpartum care of the mother and newborn
- ◆ Discuss the perspective of the obstetric and pediatric team in caring for the mother/infant dyad in opioid use disorder

- ◆ Recognize "high-risk" scenarios that could impact the health of infants cared for by moms with opioid use disorder
- ◆ Discuss how the pediatric team can play a role in the mother's continuing path of recovery from opioid use disorder while caring for the newborn

Advancing Child Health Equity: Intersectionality, Community Engagement and the Path Forward

- ◆ Define the intersectionality and its relevance in child health inequities
- ◆ List community engagement strategies accounting for intersectionality dynamics
- ◆ Discuss correlates of child health equity

A Healthy Beginnings Mini-Workshop: Applying ACHIA Obesity Prevention Collaborative Lessons Learned in Your Practice

- ◆ Examine techniques to increase the reliability of the screening and follow up in the areas of development, autism, social-emotional concerns and postpartum depression
- ◆ Discuss shared decision-making for effective ways to engage parents and caregivers in the referral process, especially while navigating the pandemic
- ◆ Employ 'real-world' practice examples to make key practice changes and achieve measurable improvements in increasing the frequency and quality of early screening
- ◆ Describe better ways of tracking referrals for services

Your Dieting Patient: Managing the Spectrum of Disordered Eating

- ◆ Discuss common nutritional patterns and dietary trends in adolescents
- ◆ Review how to identify and treat disordered eating behaviors, including restriction and vomiting
- ◆ Plan the management of an adolescent with disordered eating, including family-based therapy principles and behavioral change techniques

Pediatric Urinary Tract Infections and Vesicoureteral Reflux

- ◆ Review key elements of evaluation and management of a child with febrile illness, concerning for genitourinary source
- ◆ Define UTI
- ◆ Review current guidelines on pediatric UTI management
- ◆ Discuss special considerations of vesicoureteral reflux



Important Note:

This year's meeting will be held at
The Lodge at Gulf State Park in Gulf Shores, AL!

Important Deadlines: Hotel reservation deadline is **March 30**. Early bird meeting registration deadline is **April 8**.

Hotel Reservations: A block of rooms is being held for our group at The Lodge at Gulf State Park at special rates (base rate of \$215) until Wednesday, March 30, 2022. After that date, we cannot guarantee availability of rooms at our group rate. Reservations can be made clicking the link under "hotel reservations" here: <https://www.alaap.org/upcoming-meetings/2022-spring-meeting-pediatric-update> or by calling 1.800.618.4350 - **be sure to use group code ALAAP**.

CME Accreditation: Children's of Alabama designates this live activity for a maximum of **10.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of Children's of Alabama and the Alabama Chapter of the AAP. Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

MOC Part 2: Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 10.5 MOC Part 2 points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Presentation Handouts: Prior to the conference, the Chapter will send an email to registrants with links to the speakers' PowerPoint handouts, which they can print or access with their laptops during the sessions.

Hotel Check-In & Parking: Check-in is available starting at 4 p.m. There are nightly fees of \$20 for valet parking and \$10 for self-parking. Visit The Lodge's website at <https://lodgeatgulfstatepark.com/> for more information.

Dress: Dress for all activities is "resort casual." **Room temperatures can vary, so please bring a sweater or wrap.**

Join Your Colleagues for Our Special Events:

◆ "Meet and Greet" Reception in the Exhibits—Thursday ♦ 5:30 p.m. - 6:30 p.m.

◆ Ninth Annual "Grand Pediatric Pentathlon" *benefitting Reach Out and Read-Alabama*

Grab your family members and join fellow pediatricians from around the state in this five-event activity--and take advantage of all the beautiful property has to offer while raising funds for Reach Out and Read! The events are running/walking (one mile), biking (30 minutes), kayaking (30 minutes), swimming (one hour) and reading for fun (one hour). Participate in each event at any time at your leisure; see schedule for specific activities, including a walk/run and Sandcastle University on Friday afternoon! Your \$50 donation gets you an event shirt and eligibility for prizes! Sign up on the registration form.



**The Grand
PEDIATRIC
PENTATHLON**
Benefitting Reach Out and Read

◆ "Grand Pediatric Pentathlon" Check-in, Door Prize Giveaway & Mixer —Saturday ♦ 5:45 p.m. - 6:30 p.m.

Join your colleagues for a mixer before dinner as we check in Pentathlon participants and give away prizes!

◆ Dinner on the Terrace—Saturday ♦ 6:30 p.m. - 8:30 p.m.

Enjoy a fun, family dinner with live music on the terrace overlooking the Gulf of Mexico!